



Fun Active Children's Workshops

Circus Workshops

Body Flow Movement Workshops

Balloon Twisting Workshops

Team Building for Active Kids

Drumming & Music Workshops





Circus Workshops

Circus Games
Tricks & Skills
Juggling
Diablo
Flower Sticks
Plate Spinning
Acrobatics & more!



No circus skills necessary!
Practical learning for all ages that's
heaps of fun!





Body Flow Movement

Fun Interactive Games
Balance & Movement Skills
Tai chi and relaxation techniques
Baton twirling and ball skills

An educational fun workshop for all ages.





Balloon Twisting Workshops

Creative Balloon Designs
Children can learn how to make:
Flowers - Swords - Hats & more!
Balloon twisting games
Plus the children create their own designs

Guaranteed fun & laughter!





Team Building for Active Kids

Group games & accomplishments
Partner skills & techniques
Problem solving games & tasks

Focused on working together
Becoming a team player

Extremely fun & interactive

Available for all
ages & skill levels

Book today!





Drumming & Music Workshops



Let the children find their rhythm

Learn beats and expression of self

Interactive drumming games & tasks

Extremely fun & musically creative

Any number of students at any age





Testimonials

Currumbin OSHC – Vicki Sturt Coordinator

I would highly recommend Body Flow workshops. The children learned so much and had lots of fun. Great fun and very practical for life.

Pottsville OSHAP – Rachael De Groot, Coordinator

A really fun workshop with numerous benefits for the children. Our children really gelled and had an amazing time. I would highly recommend a workshop with Body Flow.





Fun Active Workshops

Available for all ages and skill levels

Workshops adapted to suit any requirements

Working with children to make happier, active humans
who respect themselves and others

Schools | After School Clubs | Private Parties & More!

Book Today at energyfireshows@gmail.com or

Call Neal on [0423364207](tel:0423364207) for more information

